**Students Using Social Media**

Students are using Social Media (Facebook, Instagram, Kik, etc) more and more and at younger and younger ages. There is potential for misuse and there are worrying safety consequences for children when misuse occurs, so at school we teach about:

- Safe social networking
- Protecting personal information
- Responding to cyber bullying and unwanted contact
- Digital reputation
- Responsible online and mobile use.

In talking with parents and carers about their children’s use of social media, I ask the following questions:

- As parents are you aware which social media your child engages with?
- Are their security settings at levels that protect them from harm?
- Do they use social media with your approval and under your supervision?
- Are you aware of the online content they view and engage in and does this meet your families’ standards?

When I speak with children I ask them the following questions:

- Are your parents and carers aware of the social media you use?
- Do you know personally all of the people you follow, or who follow you or are your online “friends”?
- Would you be comfortable using the same language or viewing the same content on the family TV in front of your family as you do online?

One effective way we can reduce the effects of cyber bullying is to make it clear to our online “friends” or followers that if they use language or share content that we find offensive we will block them and no longer follow their posts.

I urge all families to have these conversations. We know that the school learning programme alone will not be successful in keeping our children safe online.

An excellent on-line resource for parents can be found at: [https://www.esafety.gov.au/education-resources/parent-resources](https://www.esafety.gov.au/education-resources/parent-resources)
District Sports Day

Congratulations to all the students who represented the school on the day. It was great to see all the students try their best and to give it a go.

Well done to Ruby Vanloo who finished 1st in Long jump, 100m and 200m for our district, our 11 yr old girls relay team who finished 3rd in the combined event and Kyron Zechmeister who finished 2nd in Shot put and 3rd in Discus.

Many thanks to all the parents who came out to support their children.

Also we congratulate Ruby Vanloo, Mitchell Poole and Preshna Nakarmi who will be representing the school as a part of the Airport District team in the upcoming State Championships.

Anthony Worden
PE Teacher

Student Wellbeing Bed Time

As the change in the season progresses, and the lighter early mornings, sleep times can sometimes become more of a problem for some parents of young children. As we are all aware sleep is crucial for children to have a rewarding day of learning at school. A question that is often a focus for discussion is, ‘What is an appropriate bed time for children?’ I have been looking around at this and the overall answer I find is that each family would need to take into consideration their own family routines and circumstances; however I also came across this timetable and I thought it was useful as a simple guide.

Lynn Johnson
Student Counsellor

FINANCE

PAYMENT OF SCHOOL MATERIALS AND SERVICES FEE BY INSTALMENT

Please be aware that all fees being paid by instalment are due to be paid in full by the end of this term – next Thursday 24th September is the last day for payment.

UNIFORM SALE

For Sale at a reduced price – all brand new with tags attached

- Black cargo pants size 6 x 1 - $20 (normally $37)
- Green long sleeve t-shirt size 14 x 2 - $15 each (normally $29)
- Green short sleeve t-shirt size Large x 1 - $15 (normally $29)
- Green short sleeve t-shirt size 3 x 1 - $15 each (normally $29)
- White long sleeve t-shirt size 12 x 1 - $5 (old stock)
- Green long sleeve t-shirt size 14 x 1 - $5 (old stock)
- Green long sleeve t-shirts size 6 x 2 - $5 each (old stock)

Please see Alison in the Finance Office on Tuesdays – Thursdays to purchase.

FUNDRAISING NEWS

PEOPLE’S CHOICE COMMUNITY LOTTERY

All raffle tickets, both sold and unsold, need to be returned to Alison at the Finance Office by tomorrow, September 17th.

FATHER’S DAY STALL

A big thankyou to all who helped with the Father’s Day Stall. We raised $199.75 over the two days.

HALLOWEEN STALL

We are holding a Halloween Stall in the Canteen at Recess and Lunchtime on Thursday 29th October – watch this space!
The Wonderful World of Toddlers

Are you the parent or carer of a 1–3 year old?
Want to understand their feelings and behaviour?
Come and hear how you can connect with your toddler and help them thrive by:
• seeing things through their eyes
• helping them manage strong feelings
• guiding their behaviour.

Register to attend in person:
Online: http://parentingsa.eventbrite.com.au
Phone: 8303 1660
Email: health.parentingsa@health.sa.gov.au
Or
Register for the webcast:
Online: http://parentingsa.eventbrite.com.au
When you register you will receive login details.
Presented by Parenting SA.
For more information about caring for your toddler go to www.parenting-sa.gov.au or www.cyh.com

Til next time – Karen (PCW)

Karen Tromans works in our school as a Pastoral Care Worker, and her role is supported through the Federal Government Schools’ Chaplaincy Program.
Little Athletics
HOLIDAY FUN CLINIC
Monday, 28th of September to Thursday, 1st of October.
- Under 6 to Under 8 – Monday 28th Sept and Tuesday 29th Sept (9am – 11:30am)
- Under 9 to Under 13 – Wednesday 30th Sept and Thursday 1st Oct (9am – 12:30pm)

Cost is $32. The holiday clinic is offered as a two-day pass.

Registrations close Sunday 27th & Tuesday 29th September at 11:59pm.

For more information, please visit: http://salaa.org.au/holidayclinics

Little Athletics SA
2015/2016 Track & Field Season
Registrations are now open!
The season commences in October until the end of March.

For children to register with the closest centre, they need to visit www.salaa.org.au and click the “Find A Centre” button.

Participating in Little Athletics has so many great benefits such as:
- Increased physical activity levels
- Improved fine motor skills
- Raised self confidence
- Improved social skills
- Affordable for the family in a fun, community environment

JUNIOR CRICKET
Teams for under 10, 12 & 14 players
- No experience required
- No equipment required
- We invite you to come and give it a try
- 100% Junior dedicated Sports Club

Training: ~ Friday Nights @ 4.30pm – 6pm @ Forbes Primary School Cricket Net

Matches: ~ Sunday morning at local ground/schools
(Edwardstown Home Grounds are Edwardstown Memorial Oval & Forbes PS)

For more information
Ben 0452 171 729

Adelaide Cobras
2016 Junior Trials
Come and Try
MiniRoos Under 6 to 11 Weigall Oval Urrbrae Tce Plympton
Friday 25 September – 6.30pm to 7.30pm and Sunday 27 September – 10.00am to 11.00am
Arrive 15 minutes before session time to register your details

Juniors
Boys: Under 12 to 17 Weigall Oval Urrbrae Tce Plympton
U12, U13 and U14 21, 23 September – 6.30pm to 8pm and 26 September 9.30am to 11am
U15, 16 and U17 22, 24 September 2014 – 6.30pm to 8pm
26 September 11.30am to 1pm

Community Sport Notices

Cricket
The West Torrens Cricket Club will be conducting MILO in2CRICKET Clinics, commencing Sat 17 Oct, at Henley Oval from 9-10am. Coaching will be by West Torrens players.
Anyone interested should register online by visiting the In2Cricket website http://in2cricket.com.au/ and then click on “Sign up Today”, and then type in West Torrens in the “Where can I Play” box.